



Hear and be Heard

MERYC-England

Seminars and conference



An Introduction to Deep Listening

as developed by **Pauline Oliveros**

A process of listening to learn

A Zoom seminar

Tuesday 29 September 4-6pm and
Optional follow up session for more practice and discussion
Tuesday 6 October 4- 5:30pm

Cost to include both sessions : £12.00 waged £5.00 unwaged

This seminar provides a practical introduction to Deep Listening with one ear on our development as musicians and humans and the other on our practice of early childhood music.

The afternoon will include :

- Bodywork - based on Qi Gong and Tai Chi
- Listening - guided meditation
- Sounding – one of Pauline's improvisation pieces
- Discussion in Zoom chat rooms

Introduced by **Steve Grocott – MERYC trustee**

Led by Jon Petter –

Jon is both musician and a dancer with over 30 years experience in the arts. He plays in several bands and works with Ghanaian dancer and master musician Nii Okai Tagoe. He has a long-standing engagement with Indian artists, working with Imlata Dance Company in the UK, and in India at Attakkalari Centre for Movement Arts as a faculty member on the Facets choreolabs in Bangalore, India.

He is an English National Ballet Associate Artist working on Dance for Parkinsons and a composer on the Turtle Song dementia song-writing programme. In February 2018 the Jack Petchey Foundation gave him an Outstanding Leader award for his services to music education.

He studied Deep Listening in New York and has a Teaching Certificate from the Center for Deep Listening at Rensselaer.